

Advanced Acceptance & Commitment Therapy - Coaching

BREE HUTCHINSON

Dom has completed Advanced Acceptance & Commitment Therapy (ACT) training in Sydney with Dr. Russ Harris who is at the forefront of ACT practice in Australia

Dom has been using ACT for a number of years and is keen to apply his latest training to the work he does with his executive coaching clients.

If you are looking to build a rich and meaningful life then you should consider ACT as it is one of the most validated therapies available.

To make an appointment, contact Dom on 02 8006 1173.



For more information contact:

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